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EUROPEAN TRAINING MEETING ON THE DIETARY TREATMENTS FOR EPILEPSY AND GLUT 1 DS

GENERAL MEETING INFORMATION

PLACES ARE LIMITED, IT WILL BE DEALT WITH ON A FIRST COME FIRST SERVED BASIS. BOOKING DEADLINE IS THE 10TH SEPTEMBER 2009

This meeting is suitable for all professionals working within the field of Dietary Treatments for Epilepsy and Glut 1 DS.

Educational Points are currently being applied for and notification of these will be given nearer the time.

Case Study Presentations - Abstracts of no more than 500 words to be submitted by the 30th June 2009.

Poster Presentations - Abstracts of no more than 500 words to be submitted by 30th June 2009.

Submitted Abstracts will be reviewed by the MF Medical Board and you will be notified accordingly by the 30th July 2009

Workshops (Day 1) - Please indicate on your booking details which workshops you would like to attend.

Specialist Glut 1 DS Workshop (Day 2) - Please indicate on your booking details if you wish to attend this workshop.

EKM/Ketoplanner Tuition Sessions - Ongoing throughout the two day course - Book at time slot at the Registration Desk.

Keto Culinary Delights Evening with SHS (Day 1) - Please indicate on your booking form if you would like to take part in this event. **BOOKING DEADLINE FOR THIS EVENT IS 31ST JULY 2009**





**EUROPEAN TRAINING MEETING ON THE DIETARY TREATMENTS FOR EPILEPSY
AND GLUT 1 DS**

Monday 28th September 2009

DAY ONE CHAIR: EMMA WILLIAMS.

- 9am Welcome
- 9.15am Introduction to the Ketogenic diet (KD), classical & MCT versions & research and efficacy of using the KD.
Dr. Elizabeth Neal
- 10am Monitoring the KD, the use of blood/urine ketones, what the differences are. Blood glucose monitoring and regular tests needed whilst on the KD.
Gwyneth Magrath & Beth Zupec-Kania
- 10.30am Nursing Roles in Monitoring the KD.
Hannah Chaffe
- 11am BREAK
- 11.30am Modified Atkins Diet (MAD) - how to calculate and results so far
Jennifer Dorward
- 12.15pm Low Glycemic Index Treatment (LGIT) - how to calculate and results so far
Dr. Elizabeth Thiele
- 1pm **LUNCH & Poster Session (1)**
Exhibitors will be at their posters from 1.30pm - 2pm
- 2pm Supplementation of the KD (1) - vitamins & minerals, Vitamin D, things to be careful of - healthy oils?
Gwyneth Magrath
- 2.30pm Supplementing the KD (2) - The Carnitine Controversy
Dr. Elizabeth Neal

3pm - 6pm Practical INTERACTIVE Workshop sessions - PICK TWO.

4.15pm - 4.45pm is change over time when Coffee/Tea will be provided.

- A. BEGINNERS WORKSHOP - How to calculate both types of KD, the MCT and the Classical.

Led by Georgie Fitzsimmons, Katherine Lord & Gwyneth Magrath

- B. Fine tuning the KD - both MCT and Classical

Led by Dr. Elizabeth Neal and Beth Zupec-Kania

- C. MAD and LGIT for Adults - Fine tuning and practicalities

Led By Dr. Elizabeth Thiele & Jen Dorward

- D. Nurses workshop - supporting the KD service and practical issues for the patients.

Led by Hannah Chaffe

EKM/KETOPLANNER TUITION ONGOING DURING THE WORKSHOP SESSIONS

WITH BRUCE CARROLL & GAIL HALL

6pm CLOSE OF FIRST DAY.

KETO CULINARY DELIGHTS EVENING FOLLOWED BY DINNER



CASE STUDY DISCUSSION AFTERNOON & SPECIALIST GLUT 1 DS WORKSHOP

3pm - 6pm

TIME RESTRICTED TO 20 MINUTES EACH - APPLICATIONS TO BE MADE BEFORE THE MEETING FOR THOSE WHO WOULD LIKE TO PARTICIPATE AND THIS SESSION IS OPEN TO ALL PROFESSIONALS FROM ALL COUNTRIES AND WE ACTIVELY ENCOURAGE OUR EUROPEAN FRIENDS TO TAKE PART.

THIS SESSION WILL BE CONDUCTED IN ENGLISH

3pm - 4.20pm SPECIALIST WORKSHOP FOR GLUT 1 DS

Dr. Jorg Klepper

PLEASE REGISTER YOUR INTEREST IN ATTENDING THIS WORKSHOP BEFORE THE MEETING.

4.20pm - 4.40pm BREAK

EKM/KETOPLANNER TUITION ONGOING DURING THE WORKSHOP SESSIONS

WITH BRUCE CARROLL & GAIL HALL

6pm CLOSE OF SECOND DAY

PLEASE HAND IN YOUR FEEDBACK FORMS & THANK YOU FOR ATTENDING

DATE FOR YOUR DIARY:

5-7 OCTOBER 2010

GLOBAL SYMPOSIUM ON DIETARY TREATMENTS FOR EPILEPSY
AND OTHER NEUROLOGICAL DISORDERS

THE SHERATON HOTEL, EDINBURGH, UK.

LIST OF SPEAKERS

Bruce Carroll

Microman 2000 Ltd. Author & Support of the EKM Mealplanner/support of the Ketoplanner.

Hannah Chaffe

Ketogenic Nurse Specialist - Great Ormond Street Hospital and Institute of Child Health

Lesley Coyne

Matthew's Friends Scottish Regional Co-ordinator and Mother to keto kids Jonathan and Jennifer.

Lesley@matthewsfriends.org

Professor Helen Cross

Princes of Wales's Chair for Paediatric Neurology for the UK and Ireland. Paediatric Neurologist, Great Ormond Street Hospital & Institute of Child Health (Chair of MF Medical Board)

Jennifer Dorward

Dietitian - Johns Hopkins Hospital, Baltimore

Georgiana Fitzsimmons

Paediatric Research Dietitian - Great Ormond Street Hospital and Institute of Child Health

Gail Hall

Matthew's Friends Regional Co-ordinator for the North West and IT support. Mother to keto kid Matthew Hall.

Gail@matthewsfriends.org

Dr. Jorg Klepper

Paediatric Neurologist, Germany

Katherine Lord

Paediatric Dietitian, Bristol Hospitals

Gwyneth Magrath

Paediatric Dietitian, Birmingham Childrens Hospital & MF Medical Board

Dr. Elizabeth Neal

Matthews Friends Research Dietitian/Honorary Research Dietitian at the Institute of Child Health.

Dr. Elizabeth Thiele

Paediatric Neurologist, Boston Mass General Childrens Hospital

Emma Williams

CEO/Founder Matthews Friends & Parent Representative for KetoPAG (Ketogenic Professional Advisory Group for the UK and Ireland). Mother to Matthew who was on the ketogenic diet for 6 years in total, 3 years classical and 3 years MCT and he was part of the Great Ormond Street Trial.

emma@matthewsfriends.org

Dorine Van Den Hurk

Paediatric Dietitian, Wilhelmina Children's Hospital, Utrecht, Holland

Elles Van Der Louw

Paediatric Dietitian, Sophia Children's Hospital, Rotterdam, Holland

Beth Zupiec-Kania

Paediatric Dietitian/Director of Programs - The Charlie Foundation, USA.



BOOKING FORM
EUROPEAN TRAINING MEETING
FOR THE DIETARY TREATMENT OF EPILEPSY
AND GLUT 1 DS

MONDAY 28TH & TUESDAY 29TH SEPTEMBER 2009
HARROGATE INTERNATIONAL CENTRE, HARROGATE, YORKSHIRE.

I would like to attend the above meeting. My details are as follows:

Name:

Address:

.....

Telephone Number.....

E-mail address.....

I wish to attend2 days = £140/1 day = £90* If you are attending for 1 day please highlight which day:

Day 1 Mon 28th and Workshops (Circle two) A.....B.....C.....D and will/will not* be attending the SHS Dinner/Evening.

Day 2 Tue 29th and would/would not like to attend the Specialist workshop for Glut 1

SPECIAL DIETARY REQUIREMENTS _____

I enclose a cheque/postal order for £.....or payment can be made by credit card (small booking fee applies) by calling Julie on 07748800438.

You can either fill out online and return via e-mail to Julie at julie@matthewsfriends.org or print off and return via post to: Matthew's Friends, P O Box 191, Oxted, Surrey, RH8 OWL. A confirmation email/letter will be sent to confirm your booking.

If you require any more details, please email Julie or Tel. 07748800438
Registered Charity 1108016 (*delete as required)