

HARROGATE

GENERAL INFORMATION FOR VISITORS



Harrogate is the historic spa town hosting the congress. This is a tourist destination in its own right, famous for its architecture, Spa, parks and flowers. The town is compact and lends itself easily to a leisurely stroll to see the sights, including the Royal Pump Room to take the waters and hear the history of Harrogate, the Royal Hall - a splendid Frank Matcham - designed theatre now restored to its former glory, and which will be used for the reception before the Congress Gala Dinner on Friday 2 October. Also worth a visit are the Turkish Baths, where luxurious Spa treatments are available (guests to organise for themselves), there are many and varied cafes, bars, pubs and restaurants in the town, but would assume that the famous Betty's Café Tea Rooms will be top of the list!



BETTYS TEA ROOMS HARROGATE

Entrance to the Royal Pump Rooms is £8.50 per person.

There will be a representative from Harrogate Tourist Board in attendance throughout the Congress to offer further information, help and advice on places to visit, opening times etc.

WEDNESDAY 30 SEPTEMBER 2009

AFTERNOON TOUR

FOUNTAINS ABBEY AND STUDLEY ROYAL



Fountains Abbey and Studley Royal is a World Heritage Site, of beauty, contrasts and surprises including the largest abbey ruins in the country and one of England's most spectacular Georgian water gardens.

The perfect place to escape from it all and enjoy wonderful day out, there is so much to see and do at Fountains. Set your own pace to explore naturally beautiful countryside, with ten historic buildings spanning 800 years of history and acre after acre of open space only 11 miles from Harrogate. As well as the Abbey ruins, the Studley Royal site includes the Elizabethan Fountains Hall, magnificent 18th century landscaped water gardens, a deer park and water mill.



FOUNTAINS HALL



STUDLEY ROYAL GARDENS

The accompanied Abbey tour lasts one and half hours and will be followed by Afternoon Tea in the licensed Visitor Centre restaurant. There will be time to walk in the gardens or visit Fountains Hall before returning to Harrogate

The cost for this half day tour of Fountains Abbey will be £35 per person, including transport, entrance fees and afternoon tea.

Depart Harrogate International Centre 1.30pm

Return to Harrogate 5.00pm

Subject to minimum number of TEN

Tour reference: **FOUNTAINS**

WEDNESDAY 30 SEPTEMBER 2009

HAREWOOD HOUSE

AFTERNOON TOUR



HAREWOOD HOUSE

This magnificent English stately home is home to the Queen's cousin, the Earl of Harewood and is only 7 miles from Harrogate.

The house, with its outstanding art collections, splendid state rooms and fascinating 'below stairs' exhibition, is set in spectacular landscaped grounds, which include formal gardens and gentle woodland walks, a Bhutanese Stupa, waterfall and Himalayan garden.

On a visit to Harewood House you can marvel at the Adam ceilings, Chippendale furniture and Old Master paintings in the house, explore the Gardens and Bird Garden or visit the mediaeval alabaster tombs in Harewood church.

Additionally, the grounds of Harewood House are home to the Yorkshire Planetarium, which is available to visitors to Harewood House.

A traditional afternoon cream tea will be served in the Lakeside Terrace Cafe

Cost including all entrance fees and afternoon refreshments £35

Depart Harrogate International Centre 1.30pm

Return to Harrogate 5.00pm

Subject to minimum number of TEN

Tour Reference: **HAREWOOD**

THURSDAY 1 OCTOBER 2009

FULL DAY TO HAWORTH AND SALTAIRE

MORNING - HAWORTH & BRONTE PARSONAGE MUSEUM



MAIN STREET HAWORTH



HAWORTH PARSONAGE

Haworth Parsonage was home to the famous Bronte family, authors of the novels 'Jane Eyre', 'Wuthering Heights' and 'The Tenant of Wildfell Hall' amongst others. The parsonage is open to visitors and the tour includes introductory talks, slide presentations and guided walks. In the village of Haworth there are numerous tea rooms, souvenir and antiquarian bookshops, pubs and restaurants. There are many interesting and friendly places to have a light lunch, before rejoining the coach to travel on to Saltaire.

From the centre of the village, it is only a short walk to the railway station for a ride into the Yorkshire countryside on the Keighley and Worth Valley Railway – an authentic steam railway used for numerous period films including 'the Railway Children' and 'Yanks'.



KEIGHLEY & WORTH VALLEY RAILWAY

AFTERNOON - SALTAIRE



SALT'S MILL, SALTAIRE

A World Heritage Site, 20 miles from Harrogate, Saltaire is a beautiful Victorian 'model' village occupying 25 acres, built by Sir Titus Salt for his workers. Saltaire is built out of honey coloured stone in neo-Italianate style, surrounded by hills, bluebell woods and moorland. It was '*a paradise on the sylvan banks of the Aire, far from the stench and vice of the industrial city*'

Most of the village remains as it was when Sir Titus died in 1876, apart from the transformation of some of the buildings into licensed restaurants and pubs – not allowed in Sir Titus's day! Also of interest is the United Reformed Church – one of the nation's most precious Victorian buildings and a unique example of Italianate religious architecture.

Salt's Mill has been transformed into the **1853 Gallery**, housing the world's largest collection of works by David Hockney, plus an Italian restaurant, an American diner and various retail outlets, including prints by David Hockney.

Close by are Hirst Woods and the local beauty spot Shipley Glen – reached by the Shipley Glen Tramway – an historic funicular dating from 1895.

Cost of this full day tour of Haworth and Saltaire will be £36 including entrance fees to Haworth Parsonage. Lunch and refreshments are not included as there are interesting pubs, cafes, restaurants and bars to suit all appetites and tastes in both Haworth and Saltaire

The streets in Haworth are steep and cobbled, so it is essential to wear suitable shoes

Depart HIC 9.30am

Return to Harrogate 4.45pm

Subject to minimum number of TEN

Tour reference: **HAWORTH**

THURSDAY 1 OCTOBER 2009

FULL DAY VISIT TO MALHAM COVE AND SKIPTON

MORNING - MALHAM & MALHAM COVE



Malham Cove is a great limestone amphitheatre formed through ice and water erosion during the last million years. At the top of the 77metres high cliff there is a remarkable limestone pavement and a sensational view across the valley. Beyond, the Dry Valley leads northwards towards Malham Tarn. The area is renowned for bird watching, in particular, Peregrine Falcons and the RSPB often has facilities available for watching these birds of prey



LIMESTONE PAVEMENT

Malham Beck emerges from the foot of Malham Cove and flows through the centre of Malham, crossed by clapper bridges and a former packhorse bridge.



PACK HORSE BRIDGE MALHAM

There is a National Park Centre visitor centre at Malham Cove and pubs in Malham where lunch will be taken.

This walking trip is at your own risk. The walk is not strenuous, but you must be fit and have suitable stout shoes



AFTERNOON - SKIPTON and the LEEDS LIVERPOOL CANAL

In the Aire gap separating the Craven limestone Dales to the north, the gritstone moors to the south, and the pastoral Ribble valley to the west, Skipton is an attractive market town serving a large rural area. Just outside the National Park boundary, Skipton prides itself on being 'The Gateway to the Dales'. Its name comes from the Saxon word for sheep - 'sheep town'.



Settled by sheep farmers as long ago as the 7th century, Skipton was granted to the de Romille family in 1066. Their building of a fortress castle led to a regular market being established for local produce and trade, which continues to the present day, whilst seasonal Fairs brought traders into town from further afield. The market was granted its charter by King John in 1204.

From the castle and nearby Holy Trinity Church the town grew around the market place, expanding along what is now High Street, with coaching inns, yards, and craftsmen's workshops.

In 1309 Skipton Castle passed to the Clifford family, and became their main residence for over 300 years. The castle was rebuilt after the Civil War, and much of the present castle dates from the 1650s. It is open to the public, and is well-preserved.

With a long established livestock market, Skipton became an important wool trading centre as roads developed.

The arrival of the Leeds-Liverpool canal in 1770 brought industrial growth to Skipton, with cloth making becoming a major activity. The railway brought increased growth to the town.

Nowadays, Skipton is a major commercial and shopping centre, with its colourful market 4 days a week and a variety of interesting pubs and eating places.



Included in the afternoon visit to Skipton will be a cruise on the Leeds Liverpool canal in a traditional canal boat where afternoon tea will be served

Cost £45 including lunch and afternoon tea

Depart Harrogate international Centre 9.30am

Return Harrogate 4.45pm

Subject to minimum number of TEN

Tour reference: **MALHAM**

FRIDAY 2 OCTOBER 2009
YORK



York is 21 miles from Harrogate – approximately an hour’s journey by coach. Guided walking tours of the city are available, including Barley Hall – an historic townhouse; Clifford’s Tower – once the central stronghold of York Castle; Merchant Adventurer’s Hall – one of the world’s finest mediaeval Guild Halls, dating from 1337; Treasurer’s House – former home to the treasurers of York Minster, built over a roman road with a ghost cellar; The Shambles and City walls. Shops, restaurant, pubs and Tea Rooms – Morning Coffee will be in Betty’s Café in York, where the interior design is modelled on the liner Queen Mary, and owned by Betty’s Cafe Tea Rooms of Harrogate.

Lunch is not included as York has many cafes, restaurants, pubs and bars offering everything from a light snack to a substantial lunch, to suit all appetites and tastes

In the afternoon a tour of York Minster can be arranged - 800 years of stained glass, history in the undercroft and wonderful views from the tower; or for those who want something different there are open top bus tours, a cruise on the river to a pub, shopping, railway museum – many activities to choose from before the return journey.



YORK MINSTER

COST: £38 per person including guided walking tour of York, Morning coffee, and an afternoon River cruise or tour of York Minster, but not lunch or afternoon tea

Depart Harrogate International Centre 9.00am

Return to Harrogate 4.45pm

Subject to minimum number of TEN

Tour reference: **YORK**

THURSDAY 1 OCTOBER 2009

EVENING VISIT

THE BLACK SHEEP BREWERY, MASHAM



The Black Sheep brewery was founded only in 1991 by a member of the famous Theakston's brewing family. In the short time since its foundation, the brewery has won many awards for its beers and ales and is famous throughout Yorkshire as a high quality independent brewer

'Shepherded' brewery tours take approximately one hour and involve a fascinating trip around the traditional brew house and fermenting room. You will experience the brewing process, from the aroma and taste of English hops, malted barley and pure clear Dales water, through to the scientific process, then on to the end product, a glass of one of the award winning ales, or a glass of wine if preferred.

The tour includes a video presentation 'The Best of Real Yorkshire Ale' plus sampling of their ales in the Black Sheer Baa...r, followed by a hearty supper in the Bistro. Please see the attached supper menu and indicate your choice on booking form

Due to the size of the brewery, numbers for this tour are strictly limited, please book early!

Cost £25 including full brewery tour, glass of beer or wine and supper.

Departs Harrogate International Centre 6.45pm

Return Harrogate 11.00pm

Tour reference: **BLACK SHEEP**

BLACK SHEEP BREWERY BISTRO SUPPER MENU

Select your Supper Dish from the choice below

Menu choice A

Riggwelter Beer Casserole

Chunks of prime local beef casseroled with root vegetables in our own Riggwelter Ale stock served with jacket potato with crème fraiche and a pastry topping

Menu choice B

Coopers Chicken Pot

Chicken, leeks, mushrooms and onions in a creamy sauce topped with sliced potatoes.

Menu choice C

Hog and Hop Platter

Made in Masham – Pork and Black Sheep Ale sausages served with mashed potato and spicy beans

Menu choice D

Homemade Vegetable Lasagne

With roasted Mediterranean vegetables and tomato concasse, finished with a creamy white sauce and glazed.

Desserts are not included, but are available on the evening, served with locally made Brymor ice cream or fresh cream or custard. From £4.95

PLEASE INDICATE YOUR MENU CHOICE ON THE BOOKING FORM



8th European Paediatric Neurology Congress
30th September – 3rd October 2009 Harrogate, United Kingdom
DAY TOURS REGISTRATION FORM

Please complete this form using **CAPITAL** letters

VISITOR: Title: _____ First Name: _____

Last Name: _____

Accompanying delegate (Name): _____

Address for correspondence: _____

City/state: _____ Country: _____ Postal code: _____

Phone: _____ Email: _____

DATE OF TOUR	TOUR REFERENCE	COST	No.	TOTAL
		GRAND TOTAL GBP (£)		

BLACK SHEEP BREWERY SUPPER MENU SELECTION (PLEASE TICK ONE BOX)	A	B	C	D
---	---	---	---	---

SPECIAL DIETARY REQUIREMENTS _____

PAYMENT CAN BE MADE BY CHEQUE (UK BANK) MADE PAYABLE TO BPNA (EPNS 2009); BANKERS DRAFT OR CREDIT CARD (COMPLETE DETAILS BELOW)

IF YOU WISH TO PAY BY BANK TRANSFER PLEASE CONTACT THE SECRETARIAT : email: epns2009@bpna.org.uk or telephone +44 (0) 1204 492888

Credit Card Number: _____ Card Type (eg: Visa, Mastercard etc) _____

Expiry Date: _____ Start Date/Issue No: _____ Security number (last 3 digits on reverse of card): _____

Card holder's name: _____ Telephone _____

Card holder's address (if different from above): _____

_____ Postcode: _____

Card holder's signature: _____

Please send this booking form to the BPNA Secretariat, Bridge House, Harrow Road, Bolton, BL1 4NH United Kingdom. Or by fax to +44 (0) 1204 493003.